



East Boulder Recreation Center Leisure Pool

4/24/2017

May

Pool schedule is subject to change. Please read the bottom of the page for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am		Adult-Warm		Adult-Warm			
8:00am	Aqua-Fit	Water	Aqua-Fit	Water	Aqua-Fit		
8:30am	8:00-9:00	Wellness	8:00-9:00	Wellness	8:00-9:00		
9:00am	55+ W.W. F	7:30-9:30	55+ W.W. F	7:30-9:30	55+ W.W. F		
9:30am	(2) 9-9:45	Twinges in the	(2) 9-9:45	Twinges in the	(2) 9-9:45		
10:00am	Aqua Motion	Hinges	Aqua Motion	Hinges	Aqua Motion	Swim Lessons	
10:30am	9:45-10:15	9:30-10:30	9:45-10:15	9:30-10:30	9:45-10:15	9:00-12:00	
11:00am							
11:30am	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
12:00pm	10:30-1:00	10:30-1:00	10:30-1:00	10:30-1:00	10:30-1:00		
12:30pm							Open Swim
1:00pm	55+ W.W.F	55+ W.W.F	55+ W.W.F	55+ W.W.F	Adult-Warm		9:30-4:00
1:30pm	(3) 1-2:00	(1) 1-1:45	(3) 1-2:00	(1) 1-1:45	Water		
2:00pm	Adult-Warm	Adult-Warm	Adult-Warm	Adult-Warm	Wellness		
2:30pm	Water Wellness	Water Wellness	Water Wellness	Water Wellness	1:00-3:00	Open Swim	
3:00pm	2:00-3:00	2:00-3:00	2:00-3:00	2:00-3:00		12:00-5:30	
3:30pm							
4:00pm	Open Swim	Open Swim	Open Swim	Open Swim			EXPAND
4:30pm	3:00-5:15	3:00-4:45	3:00-5:15	3:00-4:45			shallow end open
5:00pm							
5:30pm	EXPAND	Swim	Adult-Warm	Swim	Open Swim		Open Swim
6:00pm	5:15-6:15	Lessons	Water Wellness	Lessons	3:00-9:00		4:30-7:30
6:30pm	shallow end open	4:45-6:45	5:15-6:15	4:45-6:45			
7:00pm							
7:30pm	Open Swim	Open Swim	Open Swim	Open Swim			
8:00pm	6:15-9:00	6:45-9:00	6:15-9:00	6:45-9:00			
8:30pm							
9:00pm							

All swim lessons done after Saturday, 5/6

Sunday Expand done after 5/7

"Lanes open" indicates lanes open to the public.

For more information call 303-441-4400 or go to www.boulderaquatics.org